



GRAHAMHOUSE
books

Jan Groft
Author Bio

Having encountered unexpected moments of grace in her own grief journey, writer Jan Groft set out to find others who had felt lifted, even momentarily, out of their sorrow. “As a caregiver or survivor,” she asked, “what got you through each day? What did hope look like?”

Their answers—a generous outpouring of stories from men and women who had graciously accepted the divine amidst the darkness—affirmed her own experiences of feeling embraced in times of loss. They revealed nine healing gifts, inspiring the hope-filled message of her new book, *As We Grieve: Discoveries of Grace in Sorrow*.

Groft is also the author of a memoir, *Riding the Dog: My Father's Journey Home*. One-time President/Creative Director of the former Agnew & Corrigan, an award-winning advertising agency in Lancaster, Pennsylvania, she now employs her communication skills listening to the dying and those they leave behind, working with hospice patients and facilitating writing workshops for the bereaved. An MFA in Writing graduate of Vermont College, she lives and writes in Lancaster County, Pennsylvania.



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